The Sidelines of Toxicity

By Bev Johns

We see them everywhere

They don't volunteer to work

They watch, they listen

They frown, they scowl

They get pleasure looking for trouble

They take pride in others' failures

They scout around hoping to ridicule

They will find a mistake

They will find a scapegoat to blame

They stand ready to cause harm

They plan their cuts and digs

They thrive on reprimands to others

They cause toxicity wherever they go

These people will hurt until

We say No More

The toxicity must stop with us

We must follow the right path

The path of kindness, caring, and support

The time is now, we must act.