

Dance Rubric

15 minute video max

Criteria			Pass/Fail
	Technical Proficiency		
Musicality: Movements suit the music Alignment: Posture, proper carriage, core support Endurance: Able to maintain energy throughout piece Flexibility: Ease of movement Accuracy: Adherence to dance theme Coordination: Move/act harmoniously	<input type="checkbox"/> Musicality <input type="checkbox"/> Alignment <input type="checkbox"/> Endurance <input type="checkbox"/> Flexibility <input type="checkbox"/> Accuracy <input type="checkbox"/> Coordination		
	Interpretation		
Choreography: Expresses music Phrasing/Dynamics: Effective use, body movement	<input type="checkbox"/> Choreography <input type="checkbox"/> Phrasing/Dynamics		
		All criteria are within the submission guidelines	<input type="checkbox"/> Pass
		Criteria are missing / Keep creating	<input type="checkbox"/> Fail

Arts & Humanities Jury: August 2025