

## THE EPIPHANY OF JOY

BY BEV JOHNS

The power of joy  
On days I feel hopeless, overwhelmed, powerless  
On days I ask myself, can I make a difference  
On days, I feel insignificant in this world of turmoil and strife,

It comes to me  
What I can do  
The epiphany, the power of joy  
Joy can become part of my daily life  
I can take one action that brings joy to my heart and inner soul  
I can bring joy to two others who may need support, a kind word, a good deed,

The epiphany I can make an impact in this world.  
The power of one word—Joy.